



Valid from April 12th 2021

STEP 2

Restart Guidance Addendum

JOIN THE MOVEMENT

#RISEAGAIN

This addendum must be read and understood in line with the Restart Guidance (version 3 issued 29th March 2021). It will provide the additional detail to Step 2 as the Government roadmap is unlocked. As explained in Restart Guidance, information relating to each step is released from Government no more than 1 week ahead of the step being unlocked.

What is possible at Step 2?

- Adults & juniors can both train and compete outdoors in line with the Restart guidance and using COVID-19 rule modifications
- Indoor, supervised netball activity for U18's can commence in line with the restrictions set out in [out of school hours guidance](#). This activity must be done in groups of a maximum of 15

Indoor venues

- Netball for those under 18 (U18 on 31/8/2020) can take place indoors. It should be considered if the netball activity can run outdoors safely before delivering indoor activity. Transmission is lower outdoors and therefore outdoor activity is preferable.
- The size and layout of the facility will determine maximum capacity within an indoor venue and careful consideration should be given to this.
- Unless all young people attending indoor activity are within the same 'bubble' at school, netball activity must be done in groups of no more than 15 young people. Coaches, assistant coaches etc. are in addition to this.
- Netball activity for U18's indoors is limited to training sessions, competition should take place outdoors. This is due to the mixing of groups and restrictions on group size.
- Care should be taken if using indoor venues, mixing between young people should be minimised and groups should be kept consistent.
- When using an indoor venue, good ventilation should be in place, a minimum ventilation level of 20l/s/p must be achieved. This is in line with earlier versions of this guidance.
- Outdoor venues remain preferable and should be used where possible

- There is no need to wear a face covering when participating, coaching or officiating indoors.
- Changing rooms, showers etc. can now open, but their usage should be kept to a minimum wherever possible. You should continue to strongly advise participants to arrive ready to participate and have shower/change post session at home.

Spectators

Spectators are not permitted during Step 2 unless there is a safeguarding need for an additional adult to support.

This is the case both indoors for any U18 netball activity or outdoors.

Travel

Travel is permitted for sport and physical activity but people are advised to 'stay local'.

Car Sharing is not permitted outside of household group/support bubble.

Further detail from Government guidance regarding step 2 can be found [here](#).